Adolescent & Adult Substance Use Resources

*NOTE: by using this resource list as a guide, you are acknowledging that EWOH is not responsible for any kind of action taken by the reader or provider involved with listed resources. This list is meant only as guide to inform the community on resources that are available locally. This is in no part a form of care or intervention. EWOH is not responsible for any action taken after viewing this list. It is up to the reader to discern what the best course of action is for themselves or loved ones. EWOH does its best to keep up with any changes within resources, but is not responsible for misinformation or lack of availability.



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In case of a life-threatening emergency, always call 911.

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LOCAL RESOURCES

Easton Fire Department

https://eastonfire.com/ 413 Bay Road, South Easton, MA 508-230-0750

Easton Police Department

https://eastonpd.com/ 46 Lothrop Street, North Easton, MA 508-230-3322

Official Town of Easton

https://www.easton.ma.us/ 136 Elm Street, Easton, MA 508-230-0510

Town of Easton: Department of Health and Community Services

https://www.easton.ma.us/departments/health_and_community_services/index.php 15 Barrows Street, North Easton, MA

508-230-0690

MENTAL HEALTH

Crisis Textline

https://www.crisistextline.org/

Text HOME to 741741 from anywhere at any time about anything to receive confidential outreach from a trained Crisis Counselor.

Comprehensive Counseling, Old Colony YMCA

https://www.oldcolonyymca.org/community-social-services/counseling

Old Colony YMCA's Comprehensive Counseling - a fully-licensed Mental Health Clinic - developed as a resource for children and families within the network of OCY services. **508-427-4383**

National Domestic Violence Hotline

https://www.thehotline.org/

The hotline provides 24/7 essential tools and support to help survivors of domestic violence, so they can live their lives free of abuse.

1-800-799-7233

National Suicide Prevention Lifeline

https://suicidepreventionlifeline.org/

The lifeline provides 24/7, free and confidential support for people in distress and prevention and crisis resources for you or your loved ones.

1-800-273-8255

Psychology Today

https://www.psychologytoday.com/us/therapists/ma/easton

Find a licensed therapist in Easton, MA.

FAMILY & INDIVIDUAL SUPPORT

Al-Anon & Alateen

https://alanonma.org/

Al-Anon and Alateen unites members of different ages, backgrounds, races, and walks of life in an inspiring endeavor: helping themselves and others to lead purposeful, useful lives by overcoming the frustration and helplessness cause by close association with an alcoholic. Go to the link above to find a meeting.

508-366-0556

Allies in Recovery

https://alliesinrecovery.net/

The Allies in Recovery program is based on the evidence-based CRAFT method. CRAFT (Community Reinforcement and Family Training) is the only proven methodology created specifically to train families of loved ones struggling with addiction. With CRAFT, you'll learn the skills needed to significantly lessen the power addiction. 413-387-9395

Brockton Area Multi-Services Inc.

http://www.bamsi.org/

BAMSI'S mission is to serve individuals and families in Massachusetts to improve their quality of life and sense of self-worth through education, support and referral of service. **508-580-8700**

Grayken Center for Addiction

https://www.bmc.org/addiction/

Boston Medical Center's Grayken Center for Addiction provides education, support and capacity building to community health centers and social service providers on best practices caring for patients with substance use disorders.

617-638-5500

Learn to Cope

http://www.learn2cope.org/

A local support group for family members of a loved one addicted to heroin, OxyContin and/or other drugs. This website has a great deal of information and links to online community as well as weekly meetings in Brockton and other communities.

508-738-5148

Massachusetts Organization for Addiction Recovery (MOAR)

https://www.moar-recovery.org/

Resources for Recovery – This mini guide includes an array of "how to and where to go for help" fact sheets to support individuals and families in the recovery process. http://media.wix.com/ugd/8256b8_5e9737b473044491acbe3a1f931bf87a.pdf

617-423-6627

Overdose Resources

https://www.overdoseday.com/overdose-basics/

An overdose means having more of a drug (or combination of drugs) than your body can cope with. Visit the website above for more information about how to identify an overdose, and how to respond.

Parent Stress Line

https://www.parentshelpingparents.org/stressline

Offers a safe place for parents and caregivers to talk about the challenges of raising children and receive kindness, understanding, and the non-judgmental support needed to help prevent a situation from escalating into a crisis.

1-800-632-8188

South Shore Peer Recovery

https://southshorepeerrecovery.org/

Provides support for people in recovery and their loved ones at center in Scituate and at satellite locations across the South Shore.

781-378-0453

TREATMENT REFERRALS

The Adolescent Substance Abuse Program at Children's Hospital, Boston https://www.childrenshospital.org/centers-and-services/programs/a-_-e/adolescent-substance-use-and-addiction-program#

A team of doctors and clinicians do a comprehensive evaluation of the child's needs and then make treatment recommendations and referrals.

617-355-2727

Institute for Health and Recovery

https://www.healthrecovery.org/

IHR's programs facilitate access to a range of services for Massachusetts families, women, and youth with substance use issues, including assessments and referrals to residential and outpatient treatment.

617-661-3991

Massachusetts Substance Use Helpline

https://helplinema.org/

This is a resource with information for all treatment programs licensed through the Massachusetts Bureau of Substance Addiction Services. Families may make direct referrals to providers at every level of care, including adolescent detox and stabilization; adolescent inpatient treatment programs; intensive outpatient programs, Structured Outpatient Adolescent Programs, and adolescent/young adult recovery homes.

1-800-327-5050

SAMHSA's National Helpline

https://www.samhsa.gov/find-help/national-helpline

This is a free, confidential, 24/7 treatment referral and information service in English and Spanish for individuals and families facing mental and/or substance use disorders.

1-800-662-4357

RECOVERY

ARMS

https://www.massgeneral.org/psychiatry/treatments-and-services/addiction-recovery-management-service

The Addiction Recovery Management Service (ARMS) specializes in supporting teenagers and young adults under 26 and their parents as they deal with their substance use and related problems.

32 Fruit St, Boston, MA

617-643-4699

Bournewood Health Systems

https://www.bournewood.com/

Inpatient, Mental Health and Substance Use Treatment Services. 300 South St, Brookline, MA

888-483-2271

Brattleboro Retreat

https://www.brattlebororetreat.org/programs

Inpatient & Outpatient, Brattleboro Retreat offers a variety of inpatient, outpatient, residential, and day programs to meet the needs of children, adolescents, and adults. 22 Anna Marsh Ln. Brattleboro, VT

802-258-3700

Gosnold

https://gosnold.org/our-locations/

Inpatient, Gosnold offers medical detoxification and stabilization programs. 200 Ter Heun Dr, Falmouth, MA

508-540-6550

Gosnold

https://gosnold.org/contact-us/

Outpatient, Gosnold offers counseling and addiction treatment programs. 909 Sumner St, Stoughton, MA

800-444-1554

High Point Treatment Center

http://www.hptc.org/

Offers inpatient, outpatient, residential, and community based services.

800-233-4478

Independence Academy

http://iarecoveryhs.org/

Students may be eligible to attend this free, public recovery high school based in Brockton. Contact Principal Ryan Morgan to schedule a visit: rmorgan@nrcollab.org 508-510-4091

UMass Memorial Health

https://www.ummhealth.org/services-treatments/childrens-medical-center/child-adolescent-psychiatry

Working together with youth and their families, UMass Memorial Health offers comprehensive inpatient and outpatient services to improve and transform the lives of young people struggling with psychiatric conditions.

855-862-7763

McGee/Berkshire Recovery Center

https://www.berkshirehealthsystems.org/programs-and-services/behavioral-health/ Inpatient & Outpatient, Detoxification, evaluation & referral, family support. 725 North St, Pittsfield, MA

413-445-9228

McLean Hospital

https://www.mcleanhospital.org/

Inpatient & Outpatient, McLean offers high-quality mental health treatment for individuals of all ages experiencing a wide array of symptoms and diagnoses. Multiple locations

617-855-2804

Motivating Youth Recovery

https://www.communityhealthlink.org/program/motivating-youth-recovery-myr

Inpatient & Outpatient, offers detox and short term inpatient treatment services for ages 13 through 18.

26 Queen St 5th Floor, Worcester, MA

508-860-1244

Spectrum Health Systems

https://spectrumhealthsystems.org/

Inpatient & Outpatient, Including inpatient detoxification, residential rehabilitation, medication-assisted treatment, outpatient counseling and peer recovery support. Multiple locations

877-697-3422

EMERGENCY CENTERS

Good Samaritan Medical Center

235 N Pearl St, Brockton, MA

Signature Healthcare Brockton Hospital

680 Centre St, Brockton, MA

South Shore Hospital

55 Fogg Rd, South Weymouth, MA

WITH Specialized Substance Abuse Units and Treatment Programs

Butler Hospital

345 Blackstone Blvd, Providence, RI

Mass General Hospital

55 Fruit St, Boston, MA

St. Elizabeth's

255 Washington St, Brighton, MA

TOBACCO/VAPING CESSATION

Massachusetts Tobacco and Nicotine Quitline

https://www.mass.gov/take-the-first-step-toward-a-nicotine-free-

<u>life?utm_source=google&utm_campaign=cessation21&utm_medium=paidsearch&utm_t</u> erm=text&utm_content=rsa

Get connected to a free trained quit coach by phone or online.

1-800-784-8669

Massachusetts Tobacco Cessation and Prevention Program

https://www.mass.gov/massachusetts-tobacco-cessation-and-prevention-program-mtcp MTCP is a statewide public health program focused on comprehensive approaches to reduce tobacco and nicotine use.

617-624-5900

Truth Initiative - Outsmart Nicotine

https://truthinitiative.org/outsmart-nicotine

Outsmart Nicotine is a multi-platform campaign designed to reach 18- to 24-year-olds, features science-backed tools, relatable storytelling, and a community of support.

Let's Quit

https://www.oldcolonyymca.org/lets-quit

Quitting vaping or tobacco use isn't easy—but it's easier with the right help. The American Lung Association's N-O-T Not On Tobacco® program gives you options, resources and support to quit for good! N-O-T is a quit vaping and tobacco use program for teens. It helps you develop a plan that guides you on your quit journey.

ALCOHOL SPECIFIC

Alcoholics Anonymous

https://aaboston.org/meetings?tsml-day=any&tsml-query=easton%20ma

Alcoholics Anonymous is a fellowship of people who come together to solve their drinking problem. Membership is open to anyone who wants to do something about their drinking problem.

617-426-9444

Make a Difference: Talk to Your Child about Alcohol

https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/make-a-difference-child-alcohol

MARIJUANA SPECIFIC

A Parent's Guide to Marijuana and Marijuana Use

https://www.focusonthefamily.com/parenting/a-parents-guide-to-marijuana-and-marijuana-use/

NARCAN

Nasal Narcan Rescue Kits are available at many Walgreens, CVS, and Easton Pharmacies around Massachusetts for the price of an individual's insurance co-pay. For those who cannot afford a rescue kit, the COPE Center and other pilot sites around the state have a managed supply for those at the highest risk for witnessing an overdose. The COPE Center staff can be reached at **508-583-3405** for appointments and drop-in hours.

https://www.eastonwingsofhope.org/wp-content/uploads/2020/04/narcan-resource-sheet-easton-wings-of-hope.pdf?time=1587648326

ADDITIONAL INFO

Bureau of Substance Addiction Services

https://www.mass.gov/orgs/bureau-of-substance-addiction-services 617-624-5111

Partnership to End Addiction

https://drugfree.org/

855-378-4373

South Shore Peer Recovery

Additional resources:

https://southshorepeerrecovery.org/recovery-resources/