

Adolescent & Adult Substance Use Resources



**NOTE: by using this resource list as a guide, you are acknowledging that EWOH is not responsible for any kind of action taken by the reader or provider involved with listed resources. This list is meant only as guide to inform the community on resources that are available locally. This is in no part a form of care or intervention. EWOH is not responsible for any action taken after viewing this list. It is up to the reader to discern what the best course of action is for themselves or loved ones. EWOH does its best to keep up with any changes within resources, but is not responsible for misinformation or lack of availability.*

In case of a life-threatening emergency, always call 911.

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LOCAL RESOURCES

Easton Fire Department

<https://eastonfire.com/>

413 Bay Road, South Easton

508-230-0750

Easton Police Department

<https://eastonpd.com/>

46 Lothrop Street, North Easton

508-230-3322

Official Town of Easton

<https://www.easton.ma.us/>

136 Elm Street, Easton

508-230-0500

Town of Easton: Department of Health and Community Services

https://www.easton.ma.us/departments/health_and_community_services/index.php

15 Barrows Street, North Easton

508-238-3160

MENTAL HEALTH

Crisis Textline

<https://www.crisistextline.org/>

Text HOME to 741741 from anywhere at any time about anything to receive confidential outreach from a trained Crisis Counselor.

741741

The Interface Referral Service

www.williamsjames.edu

This service is a free helpline available to residents of subscribing communities, including Braintree, Canton, Cohasset, Duxbury, Hingham, Marshfield, Pembroke, Plymouth and Scituate. Visit the website for a complete listing.

Residents of all ages may use the confidential service to connect with community-based mental health and substance use counselors. An experienced clinician will match the caller for specialty, insurance, and availability.

Monday – Friday, from 9:00am-5:00pm

888-244-6843

Mental Health Clinic, Old Colony YMCA

<https://www.oldcolonymca.org/community-social-services/counseling>

The Mental Health Clinic offers assessment, counseling, case management services, and evaluation.

508-427-4383

National Domestic Violence Hotline

<https://www.thehotline.org/>

This hotline provides 24/7 essential tools and support to help survivors of domestic violence so they can live their lives free of abuse. Contacts to The Hotline can expect highly-trained, expert advocates to offer free, confidential, and compassionate support, crisis intervention information, education, and referral services in over 200 languages.

1-800-799-7233

National Suicide Prevention Lifeline

<https://suicidepreventionlifeline.org/>

The Lifeline provides 24/7, free and confidential support for people in distress and prevention and crisis resources for you or your loved ones.

1-800-273-8255

Psychology Today

<https://www.psychologytoday.com/us/therapists/ma/easton>

Find a licensed therapist in Easton, MA.

FAMILY & INDIVIDUAL SUPPORT

Al-Anon & Alateen

<https://alanonma.org/>

Al-Anon and Alateen unites members of different ages, backgrounds, races, and walks of life in an inspiring endeavor: helping themselves and others to lead purposeful, useful lives by overcoming the frustration and helplessness cause by close association with an alcoholic. Go to the link above to find a meeting.

508-366-0556

Allies in Recovery

<https://alliesinrecovery.net/>

The Allies in Recovery program is based on the evidence-based CRAFT method. CRAFT (Community Reinforcement and Family Training) is the only proven methodology created specifically to train families of loved ones struggling with addiction. With CRAFT, you'll learn how to communicate, intervene and guide your loved one towards recovery. You'll get the skills needed to significantly lessen the power addiction has over your family.

Brockton Area Multi-Services Inc.

<http://www.bamsi.org/>

BAMSI'S mission is to serve individuals and families in Massachusetts to improve their quality of life and sense of self-worth through education, support and referral of service.

508-580-8700

Grayken Center for Addiction

<https://www.bmc.org/addiction/new-resources-massachusetts-parents>

Massachusetts families may connect with a master's level parent specialist by phone, text, e-mail, or live online chat to get one-on-one support.

1-855-378-4373

Learn to Cope

<http://www.learn2cope.org/>

A local support group for family members of a loved one addicted to heroin, OxyContin and/or other drugs. This website has a great deal of information and links to online community as well as weekly meetings in Brockton and other communities.

508-738-5148

Massachusetts Organization for Addiction Recovery (MOAR)

<https://www.moar-recovery.org/>

Resources for Recovery: A Mini Guide

This guide includes an array of “how to and where to go for help” fact sheets to support individuals and families in the recovery process.

http://media.wix.com/ugd/8256b8_5e9737b473044491acbe3a1f931bf87a.pdf

617-423-6627

Overdose Resources

<https://www.overdoseday.com/overdose-basics/>

An overdose means having more of a drug (or combination of drugs) than your body can cope with. There are a number of signs and symptoms that show someone has overdosed, and these differ with the type of drug used. Visit the website above for more information about how to identify an overdose, and how to respond.

Parent Stress Line

<https://www.parentshelpingparents.org/stressline>

Parents or guardians with problems relating to their children call this line. Trained volunteer counselors offer a way to relieve stress in an environment which is non-judgmental along with being sympathetic.

1-800-632-8188

South Shore Peer Recovery

<https://southshorepeerrecovery.org/>

Provides support for people in recovery and their loved ones at center in Scituate and at satellite locations across the South Shore.

781-378-0453

TREATMENT REFERRALS

The Adolescent Substance Abuse Program (ASAP) at Children’s Hospital, Boston

<https://www.childrenshospital.org/centers-and-services/programs/adolescent-substance-use-and-addiction-program#>

A team of doctors and clinicians do a comprehensive evaluation of the child’s needs and then make treatment recommendations and referrals.

617-355-2727

Institute for Health and Recovery

<https://www.healthrecovery.org/>

IHR's programs facilitate access to a range of services for Massachusetts families, women, and youth with substance use issues, including assessments and referrals to residential and outpatient treatment.

617-661-3991

Massachusetts Substance Use Helpline

<https://helplinema.org/>

This is a resource with information for all treatment programs licensed through the Massachusetts Bureau of Substance Addiction Services. Families may make direct referrals to providers at every level of care, including adolescent detox and stabilization; adolescent inpatient treatment programs; intensive outpatient programs (IOP), Structured Outpatient Adolescent Programs (SOAP), and adolescent/young adult recovery homes.

1-800-327-5050

SAMHSA's National Helpline

<https://www.samhsa.gov/find-help/national-helpline>

This is a free, confidential, 24/7 treatment referral and information service in English and Spanish for individuals and families facing mental and/or substance use disorders.

1-800-662-4357

RECOVERY

ARMS

<https://www.massgeneral.org/psychiatry/treatments-and-services/addiction-recovery-management-service>

Outpatient, Addiction Recovery Support Services/Mass General Hospital for ages 15-25.
Boston, MA

617-643-4699

Bournewood Health Systems

<https://www.bournewood.com/>

Inpatient, Mental Health and Substance Use Treatment Services.
Brookline, MA

617-469-0300

Brattleboro Retreat

<https://www.brattlebororetreat.org/programs>

Inpatient & Outpatient, The Brattleboro Retreat offers a variety of inpatient, outpatient, residential, and day programs to meet the unique needs of children, adolescents, and adults.

Brattleboro, VT

802-258-3737

Gosnold

<https://gosnold.org/locations/>

Inpatient, Gosnold offers medical detoxification and stabilization programs.

Falmouth, MA

800-444-1554

Gosnold

<https://gosnold.org/contact-us/>

Outpatient, Gosnold offers counseling and addiction treatment programs.

Stoughton, MA

508-540-6550

High Point Treatment Center

<http://www.hptc.org/>

Offers inpatient, outpatient, residential, and community based services.

800-233-4478

Independence Academy Recovery High School

<http://iarecoveryhs.org/>

Students may be eligible to attend this free, public recovery high school based in Brockton.

Contact Principal Ryan Morgan to schedule a visit: rmorgan@nrcollab.org

508 510-4091

Marlboro Hospital/Psychiatric and Addictions Services

<https://www.ummhealth.org/marlborough-hospital/services-treatments/psychiatry>

Inpatient, Short-term stabilization for individuals who are at risk.

Marlboro, MA

508-486-5544

McGee/Berkshire Recovery Center

<http://www.berkshirehealthsystems.org/mcgee>

Inpatient & Outpatient, Detoxification, evaluation & referral, family support.

Pittsfield, MA

413-445-9228

McLean Hospital

<https://www.mcleanhospital.org/>

Inpatient & Outpatient, McLean offers high-quality mental health treatment for individuals of all ages experiencing a wide array of symptoms and diagnoses.

Belmont, MA / Middleboro, MA

617-855-2151 / 774-419-1000

Motivating Youth Recovery

<http://www.communityhealthlink.org/chl/youth-and-family-services/adolescent-substance-abuse-treatment-2/myr-menu>

Inpatient & Outpatient, offers detox and short term inpatient treatment services for ages 13 through 18.

Worcester, MA

508-860-1244

Spectrum Health Systems

<https://spectrumhealthsystems.org/>

Inpatient & Outpatient, including inpatient detoxification, residential rehabilitation, medication-assisted treatment, outpatient counseling and peer recovery support.

Multiple locations

877-697-3422

EMERGENCY CENTERS

Good Samaritan Medical Center

Brockton, MA

Signature Healthcare Brockton Hospital

Brockton, MA

South Shore Hospital

South Weymouth, MA

WITH Specialized Substance Abuse Units and Treatment Programs

Butler Hospital

Providence, RI

Mass General Hospital

Boston, MA

St. Elizabeth's

Brighton, MA

TOBACCO/VAPING CESSATION

Massachusetts Tobacco and Nicotine Quitline

https://www.mass.gov/take-the-first-step-toward-a-nicotine-free-life?utm_source=google&utm_campaign=cessation21&utm_medium=paidsearch&utm_term=te xt&utm_content=rsa

Get connected to a free trained quit coach by phone or online.

1-800-784-8669

Massachusetts Tobacco Cessation and Prevention Program

<https://www.mass.gov/massachusetts-tobacco-cessation-and-prevention-program-mtcp>

617-624-5900

This is QUITTING - Truth Initiative

<https://truthinitiative.org/thisisquitting>

Teens and young adults can join for free by texting DITCHVAPE to 88709

ALCOHOL SPECIFIC

Alcoholics Anonymous

<https://aaboston.org/>

<https://alcoholicsanonymous.com/aa-meetings/massachusetts/easton-massachusetts/>

Alcoholics Anonymous is a fellowship of people who come together to solve their drinking problem. It doesn't cost anything to attend A.A. meetings. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem.

617-426-9444

Make a Difference: Talk to Your Child About Alcohol

<https://www.niaaa.nih.gov/publications/brochures-and-fact-sheets/make-a-difference-child-alcohol>

MARIJUANA SPECIFIC

A Parent's Guide to Marijuana and Marijuana Use

<https://www.focusonthefamily.com/parenting/a-parents-guide-to-marijuana-and-marijuana-use/>

NARCAN

Nasal Narcan Rescue Kits are available at many Walgreens, CVS, and Easton Pharmacies around Massachusetts for the price of an individual's insurance co-pay. For those who cannot afford a rescue kit, the COPE Center and other pilot sites around the state have a managed supply for those at the highest risk for witnessing an overdose. The COPE Center staff can be reached at **508-583-3405** for appointments and drop-in hours.

<https://www.eastonwingsofhope.org/wp-content/uploads/2020/04/narcan-resource-sheet-easton-wings-of-hope.pdf?time=1587648326>

ADDITIONAL INFO

Bureau of Substance Addiction Services

<https://www.mass.gov/orgs/bureau-of-substance-addiction-services>

Partnership to End Addiction

<https://drugfree.org/>

South Shore Peer Recovery

Additional resources:

<https://southshorepeerrecovery.org/recovery-resources/>